

Hand Development

Look at the differences between a typical preschool child's hand (left) and a typical 7 year old hand (right). Want to know why a preschool aged child isn't able to write yet? This is why! Their hands are still developing and are not fully formed. So what should they be doing to support this? **PLAY!!** Playdough, colouring, cutting, gluing, playing outside, digging in dirt, sensory play, dress up play, science experiments, beading, puzzles, throwing balls, etc. All of these things help their hands develop. When they are physically ready to write, they will! No need to rush them, they will show you when they are ready!

