



St Cecilia's Catholic Primary School

NEWSLETTER

Term 1, Week 4, Thursday 22 February 2018

Dear God

*I give thanks for all the amazing gifts you have blessed me with in this life.
Thank you for the clouds in the sky and the grass beneath my feet.
Thank you for the roof over my head that shelters me from the cold and
the food in my stomach that nourishes my body.
Thank you for the clothes on my back and the knowledge in my head.
Most of all God thank you for your everlasting love,
guidance, and understanding. .*

Thank you God

FROM THE PRINCIPAL'S DESK

Dear Parents/Guardians

"Thankfulness is a major part of wellbeing. It creates inner wellbeing, an inner harmony and when our inner harmony goes missing, we are miserable."

As parents we might hope that our children will learn to be thankful for the way we live our lives before them. We can tell them how thankful we are to have them in our lives. We can spend more time with them instead of buying them more toys and games and so teach them the value of relationships over material gifts. We can tell our children that we like it when they say "thank you". We can tell our children to be thankful for the inspiration that surrounds them: to marvel at the power of the wind, the immensity of the ocean, the perfection of the night sky, the rugged beauty of the natural environment –

Week Four is just about over and everyone has settled into school well. I would like parents to go over the school motto with their children;

FAITH – How would God/Jesus want me to handle this?

FAMILY – How do my actions affect my family?

FRIENDSHIP - How do my actions affect my friends?

The school also encompasses thankfulness, forgiveness and empathy as part of our Christian faith.

I would also ask parents to discuss goal setting and how to achieve goals. Please let the children know that achieving an ambition takes hard work and failures, and that the failures are a natural part of life that help us grow as people. Resilience is built after we get up from our failures and continue on our journey.

Meet the Teacher Night

I would like to congratulate the teachers for the amazing job they did last Thursday evening at the 'Meet the Teacher night'. Thank you to all those parents who turned up; it was nice to see so many present, especially at the sausage sizzle. A special thanks to those parents who have given the school feedback from the night.

Please remember to make your teacher the first 'Port of Call' if you have any questions or need to discuss an incident.

Faith Family Friendship

COMING EVENTS:

19 February to 2 March
In-term Swimming PP - Y6
PP 8.40 - 9.20
Y1 9.25 - 10.05
Y2 10.15 - 10.55
Y3 11.00 - 11.40
Y4 12.15 - 12.55
Y5 1.00 - 1.40
Y6 1.00 - 1.40

Monday 26 February
Assembly UCA

Tuesday 27 February
Reconciliation Y6 9.15am

Wednesday 28 February
Reconciliation Y5 9.15am

Thursday 1 March
Reconciliation Y4 9.15am

School Banking

Monday 05 March
Labour Day Public Holiday
School Closed

Tuesday 06 March
Dental screening PP, Y3, Y6

Thursday 08 March
School Banking

Assembly
Staff & Board
Commissioning Mass
Board Induction



Student Leadership Day

Congratulations to Mrs Fittock and the Year Six students for making last Friday a high quality day. Father January, Mrs Fittock, Mrs Sheen, and myself had the privilege of taking the students, from Year Six, through a series of Leadership/Group building exercises. The students had to problem solve and work their way through a collection of activities designed to test their thinking, group work, communication and leadership skills.

P&F

Thankyou to the parents who have volunteered for the P&F this year. There are positions still available so you can join this amazing group. There is a meeting next Thursday night, 01 March at 7.30pm in the library. All parents are eligible to be members of the P&F.

ED CONNECT Australia

St Cecilia's is very fortunate to be able to offer the students a support network of mentors. The program is run by ED CONNECT Australia and the funding comes from the Roy Hill Foundation. Mentors are sourced from the local area to meet with students at school to help them with school work or sort through problems. The mentors are carefully screened and then profiled to match the student. If you would like to become a mentor or you think your child could benefit from this program, please arrange a meeting with me.

School Code of Conduct

To keep people safe at schools a School Code of Conduct initiative has been created by Catholic Education Western Australia for all members of a school community. The Code is designed to set a standard of behaviour for all staff, students and family members to abide by. St Cecilia's will load the Code of Conduct onto a new website shortly. I urge all parents to read it to familiarise themselves with the document. One point to note is that the discussion of students between parents and staff is limited to the parents of that child only. Please do not talk to staff or other parents about a child that isn't yours.

Child Safety Framework

Catholic Education WA launched its Child Safety Framework at the Principal's Forum on Monday 19 February. The framework is designed to keep students safe at school and works in conjunction with the Code of Conduct. Staff at St Cecilia's have received Professional Learning on the framework with more learning planned in the future.



Peter Allen
Principal

PARISH NEWS

St Cecilia's - Port Hedland

Saturday Evening Mass 5.30pm
Sunday Morning Mass 8:00am



St John the Baptist - South Hedland

Saturday Evening Mass 7.00pm
Sunday Morning Mass 9:30am

Seafarers Centre - Port Hedland

Sunday Evening 3.30pm (All welcome)

RELIGIOUS EDUCATION

Ash Wednesday and Lent

Last week, we recognised Ash Wednesday with a service in the Undercover Area to collect the Lenten promises written by children and staff. These promises were then burned to make the ashes for our Mass. As with all our Masses, it was wonderful to see a number of parents join us for the Mass.

With Ash Wednesday and the start of Lent, it means that our fundraising for Caritas has also begun. Last Wednesday, each family received a Project Compassion box, provided by Caritas Australia. This was sent home with the hope that it will become a fundraising box for your family. (If you would like additional boxes, please see Mrs Sheen.) Each class has also been given a Project Compassion box to place on their prayer tables so that our Chick-a-Thon can get underway.

Our Chick-a-Thon is under way with all classes now having a Project Compassion box in the classrooms. We encourage students to contribute to these boxes regularly by donating coins as a way of giving back during the Lenten period. Tomorrow our newly elected Community Leaders will collect and count the money collected in the classroom boxes and start the graph to show how many chickens we have fundraised. The graph will be on display in the Undercover Area until the end of term so make sure you keep an eye on it to see how many chickens we are helping to provide.

Sacraments

Please make yourself aware of the dates for the Sacraments this year. This year there will be three Sacraments; First Holy Communion, Confirmation and First Reconciliation. As well as in this issue of the newsletter, posters will be put up in the window of the office, the Year 1/2/3 and Year 4/5/6 foyers and in the Year 3-6 classrooms. These posters provide information about the dates for enrolment Masses, parent meetings and the Sacrament. Please mark these relevant dates in your diaries.

Enrolment forms will be sent home via the children but are to be returned to your parish priest at the Enrolment Masses. The first Sacrament for the year is First Holy Communion and the date for the Enrolment Mass is Sunday 11 March in your local parish. Enrolment forms will be sent home via the school but must be returned to the priest at the enrolment Mass, not the school.

Mrs Mandy Sheen
Religious Education Coordinator



Sacramental Dates – 2018

The following are dates for the reception of the first Sacraments of Holy Communion and Reconciliation and the Sacrament of Confirmation. If your child is Catholic and attends St Cecilia's School, an information pack will be sent home with your child if they are in the relevant grades.

If your child is Catholic and not attending St Cecilia's school and you wish for them to receive any of these Sacraments, please contact your parish priest to receive an enrolment form:

St Cecilia's Catholic Church – Port Hedland	Fr Justus Opara (08) 9173 1687 Fr January Mkude (08) 9172 1254
St John the Baptist Catholic Church – South Hedland	Fr January Mkude (08) 9172 1254

Please mark the relevant dates in your diary.

First Holy Communion

Enrolment Mass <i>(please bring your completed enrolment form with your child)</i>	Sunday 11 March	St Cecilia's Church at 8:00am St John the Baptist Church at 9:30am
Sacramental Meeting	Thursday 05 April	St Cecilia's School Hall 6:30-7:30pm
Sacramental Meeting	Thursday 17 May	St Cecilia's School Hall 6:30-7:30pm
First Holy Communion	Saturday 02 June Sunday 09 June	St John the Baptist Church at 7:00pm St Cecilia's Church at 8:00am

Confirmation

Enrolment Mass <i>(please bring your completed enrolment form with your child)</i>	Sunday 27 May	St Cecilia's Church at 8.00am St John the Baptist Church at 9:30am
Sacramental Meeting	Thursday 14 June	St Cecilia's School Hall 6:30-7:30pm
Sacramental Meeting	Thursday 02 August	St Cecilia's School Hall 6:30-7:30pm
Confirmation	Saturday 18 August Sunday 19 August	St John the Baptist Church at 7:00pm St Cecilia' Church at 8:00am

First Reconciliation

Enrolment Mass <i>(please bring your completed enrolment form with your child)</i>	Sunday 12 August	St Cecilia's Church at 8.00am St John the Baptist Church at 9:30am
Sacramental Meeting	Thursday 30 August	St Cecilia's School Hall 6:30-7:30pm
Sacramental Meeting	Thursday 18 October	St Cecilia's School Hall 6:30-7:30pm
First Reconciliation	Thursday 01 November	St Cecilia's Church at 6.30pm

GENERAL CAMPUS NEWS

School Leaders

Congratulations to the School Leaders for 2018.

Regardless of whether students have received a badge or not, we are blessed to have such dedicated and enthusiastic students leading our school. All students have a role in leading the younger students of our school and they will be required to support each other throughout the year. I know that our leadership class is ready to take on the many challenges that will come their way throughout their final year of primary school and will make themselves and everyone else proud of their abilities.

Meetings with teachers

There have been some times when teachers have been late to class or duties because they have been caught up by parents ducking in to the class for a quick chat right before or after school. We value all communication with parents but do ask that you please arrange a time for a meeting so that teachers are free for all teaching and supervision duties that they need to perform. Please check with your child's teacher to find out when they are available.

Mrs Mandy Sheen
Assistant Principal



BIRTHDAYS

Congratulations to the following students who celebrated their birthday.

February

18 DIXON, Tyler K
19 SIAMUTETE, Cynthia Y6
20 WHITEHEAD, Emmaline Y5
22 PERERA, Jade K
23 SMITH, Liam Y4
24 HAWES, James Y4
25 PRICE, Noah PP
25 CORPUS, Casey Y1
26 DE LEON, Jaden Y6
27 PERERA, Jewel Y1
27 BLACK, Scarlett Y2



MERIT AWARDS

Thursday 22 February 20

Y1: Summer Grove	Lucas Hocking	Lilly Leonard
Y2: Kingston Bradbury	Isla Mellberg	Perri Pawlenko
Y3: Xian Cornelius	Angus Thompson	
Y4: Nuha Jasil	Rutendo Kuzamba	Jace Osborne
Y5: Ezekiel Uiduldam	Kaydence Walker	



LEXILE CERTIFICATE

Red Star Award: Stuart Wilson

COMMUNITY NEWS

Port Hedland Netball Association

Is now calling for registrations for any new players for season 2018 for their 13&U Competition. If your daughter is interested in playing please contact Jess Van den Eynde at development@netballporthedland.com The season kicks off on 20 March, and runs every Tuesday night. If you want any information please use the email address above.

Just a reminder that the Net Set Go program for all beginner netballers occurs in Term 2. There will be more information sent out in the coming weeks regarding registration for this program. If your daughter has an interest in netball there is a 'Have a Try Night' on Friday 9th March. Please see Town of Port Hedland webpage for more information on this event.

Thanks very much,
Jess Van den Eynde
Association Development Officer
Port Hedland Netball Association
PO Box 2117, SOUTH HEDLAND WA 6722

www.netballporthedland.com



LENT



HAVE A TRY NIGHT

MARCH 9
4.15PM - 6PM
KEVIN SCOTT OVAL
SOUTH HEDLAND

**FREE EVENT
AGES 5 - 17**

Department of Local Government, Sport and Cultural Industries
KIDSPORT

Like us at [facebook.com/townofporthedland](https://www.facebook.com/townofporthedland) | Call us 9158 9300 | More information go to our website www.porthedland.wa.gov.au

How does exercise or being active do this?

- Exercise increases blood flow to the cortex of the brain which is associated with memory and problem solving.
- It can stimulate nerve growth and development in the brain.
- It can increase the brain's resistance to injury.



In other words, if you help your children get regular exercise, their brains will be fitter and will work better at school. And when our kids are fitter and do better at school, our whole community wins.



You can find out more about the latest research by reading our publication **Brain Boost: how sport and physical activity enhance children's learning.**



Our whole community wins



How sport and physical activity helps your kids learn better



Our whole community wins

School Banking with..

bankwest

SCHOOL BANKING

Thursday mornings in the K-PP Foyer 8.00am to 8.30am

Families who want their children to participate in the school banking program need to open a bank account for their child/children with Bankwest.

No forms to complete just take your child's birth certificate into the bank. If parents are not members of Bankwest they will need to take their drivers licence with them.

Open an account in store today!

Our Port Hedland branch is open for appointments Monday - Friday 9am - 5pm (Tuesdays 9:30am - 5pm)

Activities such as running, swimming, kicking a footy or playing netball can all help your kids do better at school.

We know this because a lot of researchers in Australia and around the world have been investigating the links between sport, physical activity and academic achievement. Here at the Department of Sport and Recreation, we've done our homework checked it twice and know their findings add up: being active in the playground and on the playing field helps kids perform better in the classroom.

The majority of research points to more physically active children being smarter, because exercise has biological, psychological and social benefits.



The evidence indicates that regular physical activity is likely to provide children with the optimum physiological condition for maximising learning.

Dr Karen Martin
Research Fellow, School of Population Health, UWA

"In my experience as an educator, there is no question that kids who are physically active are more open to learning."

Stephen Breen
President, Western Australian Primary Principals' Association

Some of the main research findings are:

- There's a positive link between physical activity and academic achievement.
- Active boys and girls are more likely to pass exams.
- Physical activity leads to improvements in maths and reading.
- Physical activity is likely to provide children with the optimum physiological condition for maximising learning.

On top of that, the research also finds that:

- Physical activity improves memory, behaviour, concentration and reasoning ability.
- Children reckon exercise is fun and they welcome the chance to do it at school.
- Kids who exercise improve their motor skills and their on-task behaviour in lessons.
- Particularly with girls, the more vigorous the physical activity the more success they will achieve academically.
- Inactivity is bad for children.

Physical activity enhances cognitive function
Improving memory, behaviour, concentration and academic achievement.



Prepared by: Centre for Sport and Recreation Research, Perth University March 2015 www.csrwr.uwa.edu.au/research/

This document is an updated version of: We're fit, and Brain Boost: Sport and Physical Activity: Primary Children and Kids, The University of Western Australia, Department of Sport & Recreation

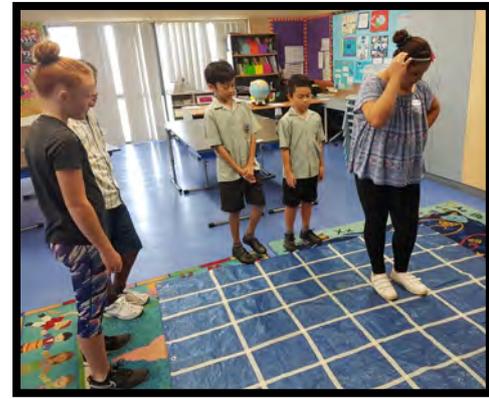


Or for more information go to biggerpicture.dsr.wa.gov.au

Follow us on Twitter @dsrwa

Our whole community wins





Year 6 Leadership Day 2018

This year, Year Six took part in their annual Leadership Day activities during Week 3 of the term. Students were given various team building challenges where they had to identify problems that required solving and use the collective memory of the group to find solutions. Students had to develop strategies, learn how to work together and how they could build trust throughout the group by providing support to each other. Year Six have displayed some exceptional leadership skills thus far and will only continue to grow and improve as the year progresses.





Congratulations to all students that received leadership positions at Saint Cecilia's for 2018.

The journey to becoming your School Leaders...

Our training for school leadership began in Term 4 of Year Five where we learnt how to complete leadership duties around the school. Our favourite job is signs, nice and simple. Our least favourite is frog patrol. Frog patrol involves looking for any frogs in the bathrooms and releasing them into the garden. Our next challenge was Leadership Day. It was really hard and we were all tasked with problems to solve, and team building activities. We had to learn to work together, which was really difficult when everyone spoke over the top of each other.

On assembly day it was so nerve-wracking! When our names were called out we had butterflies in our stomachs, at the same time we were so excited! We are so thrilled to be your School Captains and can't wait for the rest of the year.

Your School Captains, Arron Escalante and Talitha Sheen



Saint Cecilia's P&F Association

Please join us for our first meeting of the year:

March 1st, 7:00pm in the School Library

We have the following positions open:

Vice President, Secretary, & General Committee Members.

For our first meeting we will be discussing the events for 2018
so please pop by and make 2018 the biggest for Saints yet!

Please park on Sutherland Street across from the school as
the school gates will be locked after 7pm.

Find us on Facebook: St Cecilia's P & F Parent Helpers

Email Us: StCecilia_PandF@outlook.com